



FRIDAY

FLIER

January 29, 2010

Chess Club

Starts January 25



A student chess club is being formed in Bismarck-Mandan. It's free and open to all ages every Monday night at 7 pm at the Bismarck Public Library story room. The first meeting is January 25 and the instructor is Todd Wolf.

C.O.O.L

Registration begins February 1



The Children's Library of the Bismarck Public Library announces the following free winter programs for children and families. C.O.O.L, Creating Opportunities for Originality at the Library(grades K-3), runs Tuesdays 3:30-4:30 pm starting February 23. C.O.O.L focuses on how the library provides opportunities for originality through exposure to a variety of creative art experiences. Pre-registration is required. Registration begins February 1: the first 15 registrants will be admitted.

Book Club for Kids: Kids in grades 4-6 will meet to discuss a variety of books. Pre-registration is required. E-mail Traci at tjuhala@cdln.info or call 355-1489 for more information and to register.

Volunteer Club: Enjoy the fun and exciting volunteer opportunities at the library. For more information and to register, e-mail Jana at jmaher@cdln.info or call 355-1489.

Chess Club: Open to all ages meeting on Mondays at 7 pm in the story room. Contact Gwyn at 471-9429 or e-mail her at jamieandgwyn@btinet.com.

Library Story Times

Baby and Me - 9:30 am on Thursdays.
Toddler Tales - 9:30, 10:15, 11:00 am on Tuesdays.
Preschool Adventures- 9:30, 10:15 am on Wednesdays and 10:15 am Thursdays.
Family Nights - 6:30 pm Tuesdays.

For more information about our winter programs, pick up a program brochure at the library, call us at 355-1489, or visit our Web site at www.bismarcklibrary.org.

Mat Pac Wrestling



Mat Pac Wrestling is for the serious wrestler and focuses on teaching the fundamentals of wrestling, sportsmanship, hard work, and teamwork while still having fun on the wrestling mats. Scholarships are available to qualified families. All practices are in the BHS wrestling room (enter through the Ave. D and 8th St. doors). For more details, call coach Jeff Schumacher at 250-8557.

Session II - \$50. Feb. 1-Mar. 1, Mon., Tues. & Thurs., 5:30-6:30 pm. Register on 2/1 at 5 pm.

Session III - \$50. Mar. 1-Apr. 1, Mon., Tues. & Thurs. Inexperienced wrestlers practice from 5:30-6:30 pm, experienced (grade 4-12) practice from 6:30-7:30 pm. Register on 3/1, 5 pm.

Session IV - \$50. Apr. 1-Apr. 30, Mon., Tues., Thurs. Inexperienced 5:30-6:30 pm, experienced 6:30-7:30 pm. Register on 3/30, 5 pm.

Healthy Family Night

Saturday, February 6

The University of Mary Harold Schafer Emerging Leadership academy students and the Bismarck-Mandan YMCA invite kids from grades K-6 and their parents to Healthy Families Night February 6. The event is from 6:30-8:30 pm at the YMCA located on Washington Street and will include face painting, educational and cardio games, food, and prizes. Join us as we bring families together for educational fun to keep kids healthy and strong.

For more information, contact Bill Bauman at bill.bauman@bismarckymca.org or 255-1525 or Kayla Campbell at 355-8296 or kmcampbell@umary.edu.

Preschool



Missouri Valley Montessori School
Learning today, leading tomorrow

Prepare your child for success in school. Missouri Valley Montessori Preschool will be opening registration for the 2010-2011 school year on Thursday, February 11 with an Open House from 6:30-8 pm. Prepare students for academic excellence by fulfilling their creative potential and assisting in their physical, emotional and social development. Part time and full time preschool sessions are available for ages 2½ to 6 years old. For more information, go to www.bismarckmontessori.com, call 255-6779, or stop by the preschool at 200 West Turnpike Ave.

Monopoly Tournament

Saturday, February 13



The 5th annual JA Monopoly Tournament is a great way to spend a Saturday. Bring the entire family for fun, food and fabulous prizes. The entry fee is \$7 per player and includes lunch. Registration is at 9 am at the Mandan Fire Station, 110 Collins Ave. Competition is from 10 am-3 pm in 3 categories: grades 4-8, grades 9-12, and adult.

Contact Sally at the Chamber for a registration form, 223-5660, or visit www.bismanja.org.

Parent Support

Monday, February 15

Are you looking for other parent support for your child at school or in Early Intervention? Do you have a child on a IFSP/IEP, 504 plan, or who has special needs at school?

Learn about new training sponsored by the ND Parent 2 Parent program; receive support from other parents; and ask questions about your child's education on Monday, February 15 at 7 pm. at the Bismarck Veterans Memorial Library- Room B.

For more information contact: Vicki Peterson at 258-2237 or vickiasdc@bis.midco.net.

Parenting Seminar

Tuesday nights

Learn how boys are unique and develop a road map for helping sons grow into good men. Take in Dr. James Dobson's video seminar called Bringing up Boys on Tuesday nights from 7-8:30 pm from January 12 through March 30. This free series is sponsored by Holy Cross Lutheran Church east of Century High School. Call 426-4877 or visit holycrossbismarck.org for more information.

Wrestling

BPS Elementary Wrestling Program



This program is for students in grades K-6. Practices are Mon.-Fri. (Feb. 22-26), 3:05-4 pm and Mon.-Fri. (March 1-5), 3:05-4 pm. Please be prompt when picking up your child from the practice. Cost is \$10 per student. There may be slight variations in the schedule due to music programs, etc. Your school's coach will communicate with your child on changes. There will be two elementary wrestling tournaments: Friday, Feb. 26 at CHS at 5:30 pm, and Saturday, March 6 at BHS at 11:00 am. More specific information will come later re: tournaments (weigh-in times, etc.) Roosevelt will be at Highland Acres, Saxvik at Pioneer (change from last year), and Prairie Rose at Solheim. Registration forms are available at your school office or call Kurt Weinberg, 391-8610, or Mike Crouse, 323-4650.

Bismarck Midget Football

The Bismarck Midget Football League is a full contact tackle football league designed for 5th and 6th graders between the ages of 10 and 12. Modified rules are in place to accommodate the skill and physical abilities of the participants. The league is a non-profit organization that operates in the fall of the year and is in place to give participants an opportunity to learn and develop football skills in a safe and organized environment. The league serves 264 kids or the equivalent of 12 teams.



Registrations with paperwork and payment postmarked ON or AFTER March 1 will be accepted; registrations postmarked before March 1 will be returned. Registration will close on May 1 or when the league is full. The cost is \$110 (\$90 with a \$20 equipment deposit, which will be returned as long as the equipment is returned on time and cleaned as per league rules).

Registration forms will be available March 1 and can be downloaded from www.bismarckmidgetfootball.com. Hard copies are available at the Bismarck Parks and Rec office, YMCA, and all Dakota Community Bank locations.

For more information, go to: www.bismarckmidgetfootball.com or contact the League Representative at (701) 425-3095.

The Friday Flier is sent home with public and private school students in Bismarck every other Friday during the school year. It is produced by Bismarck Public Schools as a service to other non-profit community groups that provide positive events and activities for students and parents. Activities that directly compete with similar Bismarck Public School activities will not be accepted. Call 323-4092 to learn how to submit items for a small fee. For current and past issues, visit: bismarckschools.org under the "Parents" link.

YMCA

A complete list of YMCA activities can be found in the Program Guide available at the Y. To learn more, stop by 1608 N. Washington St., phone 255-1525, or visit bismarckymca.org. Register for the following activities at the Member Services desk:



Free Youth Recreation Card Program:

Provides access to the YMCA year-round for Bismarck Mandan area K-6th graders. This program was initiated by the YMCA Board of Directors and Trustees to serve all the children, with recreational swimming, gym, track, racquetball courts and youth recreation areas at the YMCA annually, with no fee. This program has been supported by the United Way since 1981 and is the only program of its nature in the USA. The YMCA provides opportunities for youth to grow personally, engage in after school activities, improve health and fitness and have a safe haven for youth and families. Inquire at the Member Service Desk for your Free Youth Recreation Card application.

Basketball Session 2: Registration is underway for YMCA basketball Session 2- February 22 through April 10. Leagues are offered for 1st grade boys, 1st grade girls, 2nd grade boys, 2nd grade girls, Boys Passers League (all 4th graders and beginning 5th graders) and Boys Shooters Leagues (experienced 5th graders and all 6th graders). Practices are 1 night per week, with games on Fridays for the passers and shooters leagues and Saturdays for the 1st and 2nd graders. Fees are \$32 for YMCA members and \$74 for non-members. You can register anytime at the YMCA member service desk. Contact Brent Kleinjan at 255-1525 or brent.kleinjan@bismarckymca.org;

Golden Seals Swim team: A great way for kids to exercise while improving their swimming skills and having fun. Contact Drew Evans at the Y, 255-1525.

Adventure Camp: An exciting place to be on school days off! Activities include art, gym, outdoor activities and swimming. Hours are from 6:30 am-6 pm. Breakfast, lunch and afternoon snack are included. Registration: closes 4 days before the camp date. Fee: \$38 per day per child.

Spring 2010 Camp Dates:

- February 15, 16
- March 12, 15
- April 2, 5, 26

Super Sitters Class: A national program designed for beginning babysitters, grades 5 and up. It teaches creative babysitting skills and personal safety skills needed by children who are home alone or in a babysitting situation. Participants receive a certificate upon completion of class. Class meets from 9 am-3 pm. All materials and lunch are included in the fee. Participants must be pre-enrolled to attend class. Registration begins 2 weeks prior to class date and is on a first-come, first-serve basis. Fees: \$32 member/\$45 non-member.

Upcoming Class Dates:

- Monday, February 15
- Friday, March 12
- Monday, April 26

Part Time Jr. Kindergarten 2010-2011:

Registration for the 2010-2011 school year begins Monday, February 8 at 10 am in the Youth Development Center. Session options include M,W,F, 8:30-11:30 am, or M,W,F, 12:15-3:15 pm or T,Th 8:30 am-3:15 pm. Call 255-6122.